



ISPP SEMESTER 2/2017: (G1 - G12) LUNCH MENU 1

	ASIAN	WESTERN	VEGETARIAN	NOODLE SOUP	SALAD and FRESH FRUIT BAR
MONDAY	KHMER Pork with Ginger Chicken Sweet & Sour H GF Steamed Rice	Chicken with Tomato Sauce H GF Pan Fried Fish in Butter Sauce H Lyonnaise Potatoes Broccoli	Kor Tofu GF With bitter gourd & mushrooms	KuyTeav GF Pork & vegetable noodle soup	Assorted Salads and Fresh Fruits
TUESDAY	CHINESE Chicken with Chilli Paste H GF Fish in Plum Sauce H GF Steamed Rice	Pork with Mustard Sauce Fried Chicken H Mashed Potato Green Beans	Braised Chinese Cabbage GF	Chicken & Yellow Noodle Soup H	Assorted Salads and Fresh Fruits
WEDNESDAY	KHMER Chicken Red Curry H Fish with Mango H Steamed Rice	Beef Stew GF Ham & Pepper Pasta Bake Steamed Mixed Vegetables	Mi Char Stir fried mama noodles with tofu & vegetables	Nom Banh Jok Chicken & rice noodle soup H GF	Assorted Salads and Fresh Fruits
THURSDAY	THAI Fish with Black Pepper H Stir Fried Pork with Kale GF Steamed Rice	Sausage & Bean Casserole Grilled Chicken BBQ Sauce H GF Sautéed Potatoes Sweet Corn	Vegetable Curry	Chicken & Flat Noodle Soup H	Assorted Salads and Fresh Fruits
FRIDAY	KOREAN Chicken with Sesame H GF Japchae Beef Noodles GF Steamed Rice	Breaded Fish H Spinach & Mushroom Lasagne H Hand Cut Chips Diced Mixed Vegetables	Kimchi with Tofu	Grilled Pork, Yellow Noodle & Kimchi Soup GF	Assorted Salads and Fresh Fruits

H = HALAL GF = GLUTEN FREE