



## ISPP SEMESTER 2/2017: (G1 - G12) LUNCH MENU 3

	ASIAN	WESTERN	VEGETARIAN	NOODLE SOUP	SALAD and FRESH FRUIT BAR
<b>MONDAY</b>	<b>KHMER</b> Beef Lok Lak <b>GF</b> Fried Pork with Kalian <b>GF</b> Steamed Rice	Baked Fish with Cheese Sauce <b>H</b> Chicken & Pepper Casserole <b>H GF</b> Boiled Potatoes Glazed Carrots	Mi Char <b>GF</b> Stir fried mama noodles with tofu & vegetables	Lot <b>GF</b> Beef ball & vegetable noodle soup	Assorted Salads and Fresh Fruits
<b>TUESDAY</b>	<b>VIETNAMESE</b> Chicken with Garlic paste <b>H GF</b> Pork Marinade Steamed Rice	Tuna & Broccoli Pasta Bake <b>H</b> Pork Schnitzel Mashed Potato Green Beans	Stir Fried Tofu with Garlic Paste <b>GF</b>	Noy <b>H GF</b> Chicken & vegetable noodle soup	Assorted Salads and Fresh Fruits
<b>WEDNESDAY</b>	<b>KHMER</b> Baked Fish Amok <b>H GF</b> Stir Fried Pork with Vegetables Steamed Rice	Chicken with Mushroom Sauce <b>H GF</b> Pork Picante <b>GF</b> Sautéed Potatoes Mixed Vegetables	Mushroom Amok <b>GF</b>	Kuy Teav <b>H GF</b> Minced chicken noodle soup	Assorted Salads and Fresh Fruits
<b>THURSDAY</b>	<b>THAI</b> Fish with Ginger & Soy <b>H</b> Stir Fried Chicken & Vegetables <b>H</b> Steamed Rice	Chilli Con Carne <b>GF</b> Chicken Pasta Bake <b>H</b> Potato Wedges Zucchini & Tomato	Sweet & Sour Tofu & Vegetables <b>GF</b>	Minced Pork & Yellow Noodle Soup <b>GF</b>	Assorted Salads and Fresh Fruits
<b>FRIDAY</b>	<b>MALAYSIAN</b> Fish Sambal Sauce <b>H GF</b> Chicken Sarawak <b>H GF</b> Steamed Rice	Breaded Fish <b>H</b> Pork Hawaiian <b>GF</b> Hand Cut Chips Sweet Corn	Sayur Lodeh Vegetable & tofu curry	Laksa Chicken & rice noodle curry soup <b>H GF</b>	Assorted Salads and Fresh Fruits

**H = HALAL GF = GLUTEN FREE**