



## ISPP SEMESTER 2/2017: (G1 - G12) LUNCH MENU 4

|                  | ASIAN  | WESTERN   | VEGETARIAN  | NOODLE SOUP  | SALAD and FRESH FRUIT BAR        |
|------------------|--|---|---|--|----------------------------------|
| <b>MONDAY</b>    | <b>KHMER</b><br>Stir Fried Pork with Morning Glory<br>Fish with Lime Sauce <b>H</b><br>Steamed Rice          | Chicken Cottage Pie <b>H GF</b><br>Pasta with Tomato & Basil <b>H</b><br>Mixed Vegetables                                   | Vegetable Red Curry <b>GF</b>                                     | Nom Banh Hoy<br>Chicken & vegetable noodle soup<br><b>H GF</b> | Assorted Salads and Fresh Fruits |
| <b>TUESDAY</b>   | <b>CHINESE</b><br>Pork Sweet & Sour<br>Beef & Broccoli<br>Steamed Rice                                       | Grilled Chicken with Herbs <b>H GF</b><br>Baked Fish with Spinach <b>H GF</b><br>Lyonnaise Potatoes<br>Green Beans & Tomato | Mapo Doufu <b>GF</b><br>Stir fried tofu & mushrooms in bean paste | Minced Pork & Yellow Noodle Soup <b>GF</b>                     | Assorted Salads and Fresh Fruits |
| <b>WEDNESDAY</b> | <b>KHMER</b><br>Stir Fried Beef with Lemongrass <b>GF</b><br>Chicken with Ginger <b>H</b><br>Steamed Rice    | Mini Sausages in BBQ Sauce <b>GF</b><br>Pasta with Pesto Sauce <b>H</b><br>Potato Wedges<br>Sweet Corn                      | Eggplant & Tofu <b>GF</b>   | Kuy Teav<br>Chicken & vegetable noodle soup <b>H GF</b>        | Assorted Salads and Fresh Fruits |
| <b>THURSDAY</b>  | <b>THAI</b><br>Fish with Sweet Chilli Sauce <b>H</b><br>Chicken with Lime Pickle <b>H GF</b><br>Steamed Rice | Roast Chicken with Gravy <b>H GF</b><br>Pork Casserole <b>GF</b><br>Mashed Potato<br>Glazed Carrots                         | Stir Fried Morning Glory with Tofu                                | Pork & Rice Noodle Soup <b>GF</b>                              | Assorted Salads and Fresh Fruits |
| <b>FRIDAY</b>    | <b>INDIAN</b><br>Fish Massala <b>H</b><br>Vegetable Curry <b>GF</b><br>Chicken Biryani <b>H GF</b>           | Pasta Bolognaise<br>Fried Chicken <b>H</b><br>Sautéed Potatoes<br>Broccoli  | Dhal <b>GF</b><br>Lentil curry                                    | Chicken Curry Noodle Soup<br><b>H GF</b>                       | Assorted Salads and Fresh Fruits |

**H = HALAL GF = GLUTEN FREE**